



# Lonoke Jackrabbits Wrestling Camp

## Folksyle Wrestling Techniques

**Date: July 25 & 26, 2022**

**Two Sessions Each Day:**

**Morning 9:30-11:30 am**

**Lunch 11:30am-12:30 pm (provided to all campers)**

**Afternoon 12:30-2:30 pm**

**This camp is open to 5 - 18 year olds.**

**Location: Lonoke Middle School, 1100 W Palm St, Lonoke, AR 72086**

**Cost: \$20.00 per day or \$35 for both days (must be paid in advance)**

**The first 50 paid campers are guaranteed a camp t-shirt.**

**Instructor: Coach Roosevelt (almost 30 years of coaching experience)**  
He started wrestling when he was 7 years old while living in Chicago. His love of wrestling has followed him all of his life. He currently coaches wrestling at Arkansas Baptist College in Little Rock and is a wrestling referee throughout the state. Roosevelt received the Lifetime Service to Wrestling Award from the National Wrestling Hall of Fame, Arkansas Chapter in 2016.

**All Campers Should:**

**Wear T-Shirt and Shorts**

**Wear Wrestling shoes or tennis shoes**

**Bring Water Bottle/Drink**

**Headgear (Optional)**

**Mouthpiece (Optional)**

**Hosted by Stephanie Price, LYW Director & Coach Chris Norton, LHS Athletic Director**

**Contact # 501-676-6749**

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